



Action Songs



Sleeping Bunnies

See the bunnies sleeping,
Sleep till almost noon,
Come and help me wake them with a
merry tune?

They're so still, are they ill?

WAKE UP LITTLE BUNNIES

Hop, hop, hop,

WAKE UP LITTLE BUNNIES

Hop, hop, hop,

WAKE UP LITTLE BUNNIES

Hop, and STOP

This is the Way I Move (Mulberry Bush)

This is the way I touch my nose, touch
my nose, touch my nose,
This is the way I touch my nose, when
I'm at home!

This is the way I jump up and down...

This is the way I hop like this...

This is the way I stretch up high...

This is the way I spin in a circle...

This is the way I touch my toes...



Head and Shoulders

Heads, Shoulders, Knees and Toes,
Knees and Toes,
Heads, Shoulders, Knees and Toes,
Knees and Toes,
Two Eyes and Ears and Mouth and Nose,
Heads, Shoulders, Knees and Toes, Knees
and Toes, Knees and Toes!



Movement Song

If your happy and you know it,
skip and smile.

If your happy and you know it,
skip and smile.

If your happy and you know it,
Then your face will surely show it.

If your happy and you know it,
skip and smile.

Variations:

sad/walk with a frown

silly/shake all over

mad/stomp your feet

The Wheels on the Bus

The wheels on the bus go
round and round,
round and round, round and round!

The wheels on the bus go
round and round,
all day long!

Doors/Open and Shut

Wipers/Swish swish swish

People/Up and down

Wheels/Bumpity, bump, bump

*use as much of your body as possible

