



Bubble Activities



Bubble play can encourage active play for your little one and create tons of fun!

- ✓ Jump up and try to pop bubbles with different parts of your body.
- ✓ Try to pop as many bubbles as you can before they hit the ground.
- ✓ Follow a bubble and blow on it trying to keep it off any surface.
- ✓ Try to catch a bubble on your back.
- ✓ Make giant bubbles using a baby pool filled with soapy liquid and pass a hula hoop through it.
- ✓ Try to catch a bubble on your nose.
- ✓ Swat bubbles with a pool noodle.
- ✓ Try to pop as many bubbles as you can within a minute.
- ✓ Follow a bubble and blow on it trying to keep it off any surface.
- ✓ Play Bubble Tag- where the bubbles are "it". If a bubble pops on you, do 5 Bubble Jacks - (crouch down low and jump up as high and big as you can).

