



# Cognitive Activity Guide



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## EGG CARTON POKE

Create a cognitive & fine motor activity by colouring the bottom of an egg carton various colours.

Supply your little one with coloured popsicle sticks to work on matching the colours and poking the sticks through a slit in each segment.



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## ACTIVE STICKS

Label an assortment of popsicle sticks with numbers and a matching amount of sticks with actions.

Set up this learning invitation by putting the actions in one cup and the numbers in another. Have your child take one stick from each cup to get moving while they count.

\*jumping jacks, climbing stairs, touch toes etc.



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## **CEREAL THREADING**

This invitation can be adjusted for all skill levels. Your child can practice threading, matching colours or creating patterns. Encourage your child to count as they create.



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## **CARDBOARD BOX PUZZLES**

Create a set of coloured box puzzles by painting/colouring the box in various colours and then cutting them in simple puzzle shapes. This pre reading activity is a wonderful invitation to learn how things fit together.



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## MAC TAC SHAPE SORTER

Mac Tac is a wonderful way to entice your child to learn through play. Set up this invitation by attaching various shapes onto a sunny window.

Provide your child with corresponding shapes - foamies or cut outs - for them to stick into their match.



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## **VEGETABLE TRAY SORT**

This kitchen item is a terrific sorting tool. Simply line each section with different colours of construction paper and place corresponding coloured pom poms in the centre.

Supply your child with tongs, tweezers or spoons to sort & count.



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## POPSICLE STICK PUZZLES

Puzzles can be created with numerous objects and your child will be excited to help create and play with a created toy.

Using an assortment of coloured markers, draw shapes or objects onto bundles (sets) of three or four sticks. Mix the set up and invite your child to put the puzzles back together.



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## **PLAYING CARD MATCH**

Not sure what to do with a set of cards that is missing cards? This game can be created by simply cutting the numbered cards in half for your child to match by number and colour.



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## COAT HANGER SCALE

Set up a weigh scale with a coat hanger, string and solo cups. By hanging this scale on a door where your child plays you will be setting the stage for weighing investigation. Ask your child open ended questions to expand their critical thinking as the hanger and cups change angles while they weigh various objects.



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