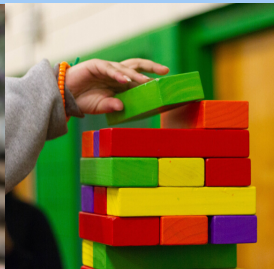




Fine Motor Activity Guide



Kidco at Home - PLAY & LEARN

Pasta Play/Beading Fun

Using coloured pasta, invite your child to scoop and measure in order to strengthen hand eye co-ordination. For older children - supply a piece of yarn or gimp to create a necklace. To Dye: Place pasta in a zip lock bag with 1 tsp of vinegar and several drops of food colouring. Seal and shake the bag - lay on paper towel to dry before using.



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Muffin Match

Provide your child with a muffin tin, tongs and plastic coloured balls. Label the base of each muffin cup with corresponding colours so that, using tongs, your child can maneuver the balls to match the colours in the cups. Challenge: Hide the plastic balls throughout a space in your home, to make this a hide, seek and sort game.



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Free the Animals

Invite your child to 'free' their animal from the pre wrapped elastics.

Your child will build their fine motor skills as they unwrap their animal and develop their imagination skills as they play.



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Pom Pom Fun

Fill a kitchen whisk with colourful pom poms. Encourage your child to pull the pom poms out with tongs as they strengthen their pincer grasp. Provide a tray and pot for your child to play restaurant, make soup or bake. Younger children can use their hands to escape the pom poms to get the same result.



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Popsicle Stick Drop

Create a fun fine motor game by cutting small slits in the top of an empty container with a plastic lid. Colour code the slits for your child to sort coloured popsicle sticks in the can. For younger children - putting the sticks in any coloured slot is a great way to strengthen their skills.



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Scissor Skills

Invite your child to work on their cutting skills by providing scissors and colourful straws. Once cut, these little pieces can be used for lacing & decorating craft items. For small children, these coloured straws can be added to a sensory bin to explore, fill containers or scoop.



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Water Play

Water play is a wonderful way to strengthen your child's fine motor skills. Invite your child to play in a sink, tub or bin with items that they have to use to draw water up and squirt the water out. Turkey basters work well and add excellent motor skill enhancements.



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Tissue Paper Suncatchers

Contact paper provides a wonderful medium to create crafts for all ages. Invite your child to create a shaped suncatcher with this sticky material attached to a window or sliding door. Tissue paper cut into shapes can be stuck on and observed as the sun shines through.



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Cutting Nature

Have your little explorer collect a bin of grass, tall weeds or leaves which they can cut, sort or scoop. Younger children can explore textures, fill containers and scoop the nature items while they play.



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