

# Fun Infant Activities

**Set the stage for your little one to explore, examine and learn as they play with the following Top 5 Infant activities!**



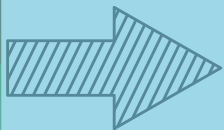
**What's Inside?** Use a cardboard box that has an opening on the top. It should be large enough for you to place your child's toys inside and for them to remove them. Now carefully carve out a small opening on top of the box for your child to insert their hand inside and to feel and explore as they pull out toys one by one from the inside. Ask your child "What's Inside"? Your child will enjoy discovering their mystery box and pulling out new items each time.



**Tunnel Fun!** Setting up a little tunnel right in the comfort of your home provides a way for your child to explore as they move around. Pick up a few cardboard boxes and open them from opposite ends. Place some props (toys, balls, etc) inside and get your child to crawl through, exploring everything that comes their way.



**Bubble Fun!** Bubbles are a magical distraction. Mix 1 part dish soap with 6 parts water and a tablespoon of glycerin to create a home recipe bubbles. Bubbles can also be a wonderful experience while your child is in the bath encouraging language and gross motor movement as your child reaches for each one.



**Water Play!** Water play is a huge hit with children of all ages and your infant will be no exception. Create bath time through the day for your child to splash, pat and grab at the water. Add bath time or kitchen accessories for your child to explore and strengthen their hand eye coordination.



**Zip Lock Bag Play!** Introduce your child to a world of sensory activities housed in a Zip Lock Bag. The baggie can be filled with a variety of objects and materials to offer your child different experiences. Secure the top after you fill for safe play. Baby Oil + pom poms or sequins or beans create a fun experience. Try adding a few colours of paint for your child to squish and explore.

