Fun with Pool Noodles



Cut into rounds and use as a fine motor activity - create a necklace or pattern.



Create a sensory activity with cut noodle rounds, sand, pebbles and rocks.



Cut the noodle in half length wise and create a marble or ball run.



Write numbers or letters on rounds of the noodles to provide opportunities to put in order or spell small sight words.



Provide your child with different sizes of cut noodle pieces and toothpicks for them to use as a building material.



Build a fort using a bunch of noodles.



A wonderful addition to an obstacle course. Try to encourage your child to use the noodle as a balance beam.



Use cut rounds as blocks for building.



Create a water feature by attaching the noodle in fun designs on a fence. Fix a funnel onto the top of the noodle and have your child explore how water travels down the noodle 'pipe'.

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