



Jell-O Play

Jelly play is a fun messy activity for Infants & Toddlers!

Materials Needed:

- Unflavoured Gelatin
- Food Colouring/Natural Dye
- Shallow Dish

Directions: Prepare several cups of Jell-O using unflavoured gelatin. Colour your cups with a few drops of food colouring or natural food dye. Prepare an area in your house with a spill mat and the jelly invitation for your child to squish, touch, play and safely taste. This messy play will encourage your child to explore and mix the substance while enjoying the feel. Add cups and spoons to the play for your older Infant or Toddler child.

Learning Value: This activity develops your child's tactile or touch sensory processing skills as well as further developing fine motor skills.

