




Kitchen Item Activities


Discover numerous ways to extend learning with items found in the home


 Muffin Trays - To sort and count small objects, place paper muffin cups in each segment and then put numbers, shapes or colours at the bottom of each cup. By turning the tray upside down your little one can paint the cups and turn it over to print onto paper.


 Spray Bottles - Fill a few empty spray bottles with water and food colouring to take outside and create designs on the fence.


 Pots & Pans - Set up a musical experience with wooden spoons, lids and various pots. Create an alphabet soup by adding water and plastic letters for your little one to scoop and pour. Hide the animal is an interactive game for your child to find a hidden toy under the pot.


 Kitchen Utensils - Supply your child with assorted utensils to create painting tools. Use various utensils as new bubble wands - which one works best? Assorted utensils can be a new experience for playdough and sensory play.

 Ice Cube Trays - Freeze food colouring, buttons or small toys and add to sensory bins to explore. Freeze paint to use for drawing and creating pictures. Use the tray as a sorting tool - with numbers and shapes in the bottom.

 Spices - Add to sensory items e.g. playdough or water, for a new experience. Spices can be used to make, colour and scent paint. Various scents can be put in jars to set up a Guess the Smell game.

 Measuring Cups - Use these tools to add to all sensory experiences, allowing the children to measure, pour, scoop and understand volume and weight. Invite your child to participate when you bake, so they can use various size measuring cups to improve math skills.

 Spaghetti Strainers - Utilize pipe cleaners, flowers or ribbons to lace through holes in the strainer to create designs and patterns. Develop a Kerplunk game by sticking skewers through the holes in a criss cross pattern. Fill the strainer with pom poms and turn upside down. Challenge your child to remove the skewers without letting the pom pom drop out.

 Baking Trays - Use as a magnetic item for letters, numbers, shapes and story pieces. Create a ramp for cars, toys and drip painting. Utilize as a science discovery tray for mixing baking soda and vinegar, oil, food colouring and water.

