

Lava Lamp Sensory Bags



Sensory bags are a simple activity for Infants & Toddlers!

Materials Needed:

- Zip Lock Bags
- Neon Water Colours
- Baby Oil/Cooking Oil
- Clear Packing Tape

Directions: Begin by filling a large zip-seal bag roughly 1/3 of the way with oil. Add 2-3 tablespoons of neon watercolour paint. Then, seal the bag tightly, carefully squeezing out any excess air. Secure the opening of the bag with clear packaging tape. This just helps to ensure that there is no leaking during play. Repeat this process for each colour of lava lamp sensory bag that you wish to make. Since oil and water do not mix the watercolours float in the oil inside of the bags, creating a lava lamp effect!

Learning Value: This sensory activity develops fine motor and critical thinking skills.

