










Fun Activities with Painter's Tape

Discover numerous ways to extend learning with one simple item found in your home.

-  Pom Pom Maze - create a zig zag maze with tape and challenge your little one to move the pom pom through the maze by blowing a straw or using their baby finger.
-  STREAM Block Challenge - create a shape on the floor or table and have your little one build a structure while carefully keeping within the tape frame.
-  Tape Resist Stained Glass - lay the tape in various patterns on a piece of paper and use watercolours to paint inside the shapes. Remove tape when the paint is dry.
-  Colour Toss - tape a set of coloured shapes on the floor and have your little one toss beanbags or rolled up socks into the shapes. An added challenge, e.g. throw into the blue square.
-  Peel Tape - set up this fun challenge by layering two to three colours of tape on top of each other at various angles. Your little one will spend time working on their fine motor skills by peeling off the tape in order.
-  Tape Shape Game - put a variety of shapes on the floor and have your little one slide, spin, jump, hop, slither, and twirl towards the shapes. Play a musical freeze game on the shapes to jump on when the music stops.
-  Sticky Spider Web - create a sticky spider web at a door opening and have your little one try to throw scrunched up construction paper through the web. Test other materials to throw. What works best?
-  Create a Tape Race Track - get creative and create a track through your home for your little one to drive matchcars through. Encourage your little one to count and sort by colours as they play.
-  Hopscotch - create a simple indoor hopscotch for your child to jump through while they work on their gross motor skills.

