



Paper Plate Activities

One simple
item provides
endless
possibilities!



Use two as ice skates and skate around the room. Encourage your child to stand on top of the plates and slide around.



Make stoplights with three coloured stoplight colours. Hold up a plate and have your child stop for red, walk slowly for yellow, and run for green.



Pretend taped plates on the floor are lily pads—jump or leap between them. Your child can decorate the pads and number them for a learning extension.



Make a tambourine. Punch holes around the edges of 2, put rice or beans between, and weave string through the holes to connect them. Pretend you're in a marching band—march as you play your tambourine.



Play Hopscotch. Write a number from 1-10 on each plate and make a hopscotch pattern with them.



Make an animal mask. Draw your favorite animal face on your plate and move like your animal.



Draw letters on them and spread them out in a large area. Have your child race to the letter you call out.



Make active cardboard creations with box/plates/craft materials for your child to create a car, boat, train, etc.



Hold one plate in each hand with arms extended and pretend they are wings – fly around the room.



Use them to make mud pies.

★ Big ★
★ Fun! ★

