



Process Art Ideas



Process art focuses on the process, or the doing, rather than the outcome. Letting creativity shine!

Collaging - Cut or rip construction or tissue paper in a variety of colours into small pieces. Provide your child with a small amount of glue in a disposable cup, a paint brush, and paper. Offer three-dimensional materials, such as paper towel tubes or cardboard boxes, and other collage materials, such as leaves, flowers, sequins, small tiles, or pieces of fabric to add to the creations.

Splat Painting - Mix equal quantities of water and paint and pour over a kitchen sponge. Have your child use a wooden spoon or a spatula to hit the sponge on the top of a piece of cardstock. The paint will splatter out and erupt all over the card. Creating a beautiful pattern of colours.

Shake it Up! - Start by cutting a piece of card stock to fit into an empty plastic jar. Carefully add a couple of drops of paint to the bottom of your jar. Drop a few handfuls of dried beans into your jar on top of the paint, enough to cover the bottom. Carefully put your paper inside the jar so that it wraps around the sides. Close the lid tightly and encourage your child to start shaking in order to create unusual patterns.

Sensory Stomp - Squirt some paint onto a piece of poster board. Cover with a piece of bubble wrap. Tape the bubble wrap to the poster board and have your child jump and stomp on the bubble wrap!

Oil and Water Painting - Place a small amount of liquid watercolour paint in the bottom of a shallow, rectangular baking dish. Pour a quarter of a cup of oil into a smaller bowl. Invite your child to use a pipette to make droplets of oil in the liquid watercolour. After exploring the result of this, encourage them to lay a sheet of heavy sketching or watercolour paper on top of the water and oil, then pull it out and place it on a drying rack.

