

Recipe for

Salt Dough

FROM THE KITCHEN OF

Kids & Company



INGREDIENTS

2 cups all-purpose flour

1 cup of salt

1 cup of warm water

DIRECTIONS

Combine all the dry ingredients in a bowl, and form a well in the middle. Add the warm water to the dry ingredients and mix together until it forms a dough. If you notice the salt dough looks a little runny, you might be tempted to add more flour. Before you do this, allow the mixture to rest for a few moments in order to give the salt a chance to absorb the extra moisture. Roll the dough to $\frac{1}{4}$ inch thick or so and cut out shapes or mold into an object to decorate. Place on a tray and leave for 24 to 48 hours to air dry. Once dry, paint your salt dough.

