

# *School Age Adventures*

## Week One - Music Madness

Can you feel the beat at Kids & Company? This week we will be turning up the volume with some of our favourite music and instruments. Be your own musician, dancer and/or singer.

### *Weekly Highlights:*

- ▶ Rock Star Day
- ▶ DIY Xylophone
- ▶ Rainstick Sensory Bottles
- ▶ Lip Sync Battle
- ▶ Name that Song
- ▶ Song Writing



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## Week Two - Out of this World

Grab your space suits, our school agers at Kids & Company are blasting off into outer space. They will travel through the galaxy and explore the universe. They may even discover some space treasures to take home.

### *Weekly Highlights:*

- ▶ Moonstar Obstacle Course
- ▶ Space Suit Build
- ▶ Fizzing Jupiter
- ▶ Solar System Designing
- ▶ Air Powered Water Rocket
- ▶ Under the Stars



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## Week Three - Games Showdown

Beat the odds and race your opponent while you challenge your pop culture knowledge. Kids & Company welcomes you to come on down for your next chance to win the ultimate game showdown.

### Weekly Highlights:

- ▶ Minute to Win It
- ▶ Board Game Fun
- ▶ Charades
- ▶ Win, Lose or Draw
- ▶ Bingo
- ▶ Pictionary Party



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## Week Four - Art Attack

This week we dive into everything colour and everything art.  
Bring your creative side for some great crafts and fun.

### *Weekly Highlights:*

- ▶ Cartoony Creations
- ▶ Mask Making
- ▶ World of Colour
- ▶ Pretty Portraits
- ▶ Crazy with Clay
- ▶ Splatter Art Fun

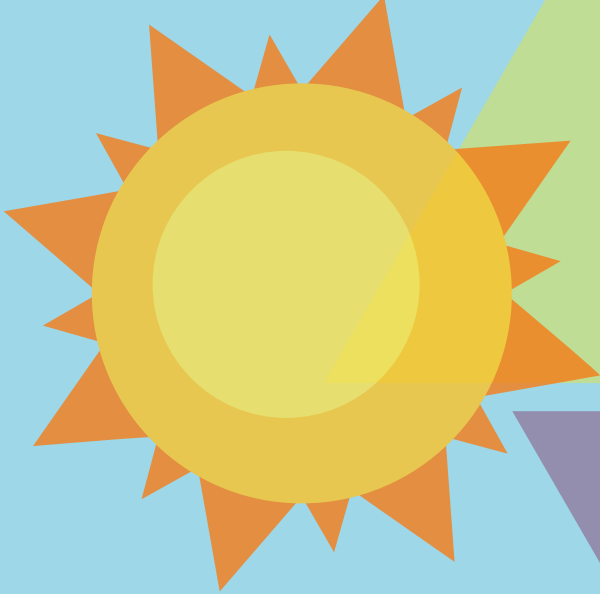


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## Week Five - Hi Five Sports

Each day we will learn the rules and play a new sports activity. We will get our muscles moving this week and maybe learn some tricks of the sports.

### *Weekly Highlights:*

- ▶ Soccer Stars
- ▶ Yoga
- ▶ Hockey
- ▶ Workout Challenges
- ▶ Basketball
- ▶ Drills & Skills



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# School Age Adventures

## Week Six - Nature Fun

This week we will be hiking through nature and stopping to take it all in along the way. Please dress for the weather and bring your sun protective gear daily. We are going to have a great time exploring nature.

### *Weekly Highlights:*

- ▶ A Bugs Life
- ▶ Scavenger Hunt
- ▶ Eye Spy
- ▶ Bird Houses
- ▶ Herb Gardens
- ▶ Nature Building Challenge



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## Week Seven - Adventure Land

Kids & Company school agers will jump into their own world of imagination and create their ultimate adventure land in front of them. Making it come to life, we will have time to make their world an awesome reality.

### *Weekly Highlights:*

- ▶ Willy Wonka
- ▶ Snakes & Ladders
- ▶ Ultimate Maze
- ▶ Choose your Adventure
- ▶ Where's Waldo
- ▶ Escape Room Challenge

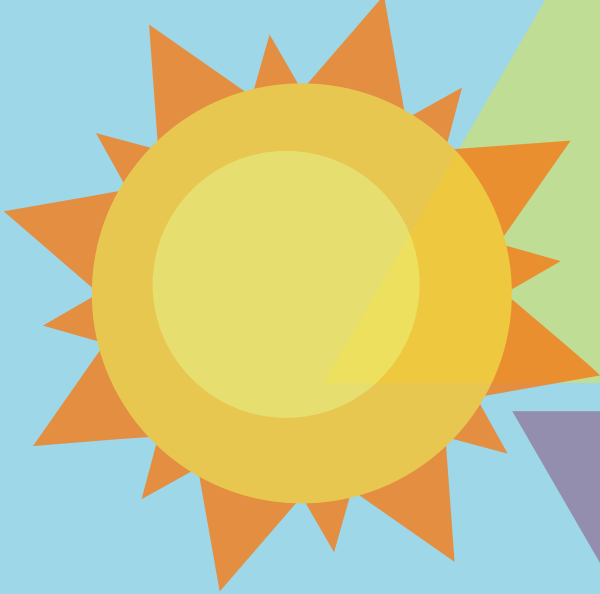


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# School Age Adventures

## Week Eight - Olympics

This week we will be challenging ourselves to be the best athlete we can possibly be. Through games, crafts, and activities it'll be like the real Olympic events are happening right at our centre.

### *Weekly Highlights:*

- ▶ Obstacle Course
- ▶ Squad Challenges
- ▶ Hula Hoop Challenge
- ▶ Relay Racing
- ▶ Balloon Toss Adventures
- ▶ Fun with Flags



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# School Age Adventures

## Week Nine - Around the World

This week we hit the sky and travel around the world with our passports! Kids & Company school agers will explore the globe and the many uniquely amazing places within it. We will craft, explore, solve, and laugh as we travel continents.

### Weekly Highlights:

- ▶ Jungle Madness
- ▶ Amazing Race
- ▶ Beach Day
- ▶ Canadian Trivia Challenge
- ▶ Let's Plan a Trip
- ▶ Let's Talk about You!



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# School Age Adventures

## Week Ten - Carnival

Calling all carnival enthusiasts! Do you have a talent that would be great for our carnival performance? Bring your skills for a great time and join us for some carnival games and crafts.

### *Weekly Highlights:*

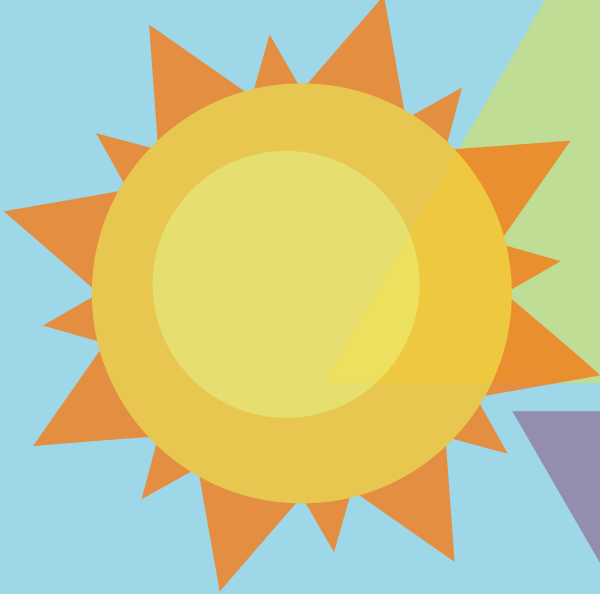
- ▶ Games, games, games!
- ▶ Juggling Madness
- ▶ Talent Show
- ▶ Exciting Tricks
- ▶ Water Races
- ▶ Create a Game



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# School Age Adventures

## Week Eleven - Let's Cook

Let's get our creative hats on and design new recipes then let's make some of our yummy favourites. Can we say bake off? Let's also plan and create some nutritionally balanced meals to eat at lunch.

### *Weekly Highlights:*

- ▶ Learning to Grow!
- ▶ Cake Wars
- ▶ Mmmmm Muffins
- ▶ Guess the Flavours
- ▶ Cookie Decorating
- ▶ Animal Design Challenge



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# School Age Adventures

## Week Twelve - Survivor

You have now been voted onto the island. Can you and your team compete with others to master your survival skills? Our school agers will participate in activities that challenge their teamwork, communication, speed, and smarts.

### Weekly Highlights:

- ▶ Team Flags!
- ▶ Sword Soccer
- ▶ Undercover Spies
- ▶ Limbo
- ▶ Relay Races
- ▶ Face the Cookie



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# *School Age Adventures*

## Week Thirteen - Lights, Camera, Action!

Let's escape for the day into some of our favourite movies!

### *Weekly Highlights:*

- ▶ Games, games, games!
- ▶ Juggling Madness
- ▶ Talent Show
- ▶ Exciting Tricks
- ▶ Water Races
- ▶ Create a Game



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# School Age Adventures

## Week Fourteen - Mad Science

Come join Kids & Company for some crazy science experiments. What happens when you put these two things together? Hmmm...let's find out!

### Weekly Highlights:

- ▶ Tie Dye
- ▶ Insect Hotels
- ▶ DIY Lava Lamps
- ▶ Apple Oxidation
- ▶ S'mores Science Please!
- ▶ Popsicle Stick Catapults



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# *School Age Adventures*

## Week Fifteen - STREAM Academy

Come join Kids & Company this week for exciting challenges that will engage critical thinking skills and tap into your creative mind.

### *Weekly Highlights:*

- ▶ Build a Bridge
- ▶ Airplane Challenge
- ▶ Sink & Float
- ▶ Marshmallows
- ▶ Parachute Drop!
- ▶ Erupting Volcanos



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