



# Sensory Tub Fillers

**Lentils/Split Peas** - These items can be coloured by placing them in a zip lock bag with a few drops of tempera paint - shake to distribute the colour and lay to dry.

**Bubble Water** - This simple activity provides tons of fun. Fill a tub with water and tons of bubbles for your child to wash toys, scoop & pour or clean their babies with sponges and clothes.

**Dried Pasta** - The choices are endless with this item - add various shapes to the tub for your child to sort or mix. Hide foam puzzle pieces throughout the bin for your child to hunt and then match the pieces in the puzzle frame beside.

**Oatmeal** - This filler has a wonderful texture and safe if your child tries to eat a bit. Place cups and a weigh scale in your tub to encourage testing and investigation.

**Beans** - Add beans, plastic bugs, fake flowers, plastic pots and plastic trowels to this tub to set the stage for a fun gardening adventure

**Corn Meal** - This filler is wonderful for scooping and pouring through funnels. For additional activities, add a pastry brush, little bowls and spoons to this tub. Your child will love the feel and it is an easy sweep clean-up if it falls to the floor.

**Pom Poms/Cotton Balls** - These fillers make a soft bin for your child to explore. Add magnetic letters for your child to fish out and stick on a baking tray. Keep the items in a bag to re-use or to include in crafts.

**Shaving Cream** - Add blocks or building items to this fun filler to encourage your child to use it like 'glue'. You will be amazed at what your child can build with this fluffy substance.

**Coloured Rice** - Always a favourite filler! Colour the rice by adding a cupful with a few drops of food colouring, a teaspoon of vinegar and shake in a ziploc bag. Provide your child with magnifying glasses, ice cube trays, spoons and pitchers for tons of fun.

