

Summer Activity Guide



JAR LID BOATS

Utilize your recycled lids and create a small boat to float in a water bin, tub or stream. Cut a sail from a plastic sheet or craft foam. Glue the sail to a craft stick. Insert the stick into a small mound of clay or playdough and place the dough in the boat. Now you're ready to sail! Invite your child to add in small figurines to test out their new floating toy.







AMAZING BUBBLE ART

Bubble art is a simple set up with beautiful visuals for your child. Pour bubbles into a few cups and add several drops of different coloured food colouring. Provide your child with bubble wands and paper to blow the colours onto their paper.



POOL NOODLE FISHING

Cut a variety of pool noodles into rounds or a variety of shapes. Add the 'rings' to an outdoor pool to invite your child to go fishing for the colours and shapes using small fishing nets.







COLOUR MIXING STATION

Create a colour exploration station with a divided platter, corn starch, water and food colouring. Add two tablespoons of corn starch to each section with a tablespoon of water and a few drops of colour. Offer your child spoons, measuring cups and containers to invite your child to mix!



POOL NOODLE OBSTACLE COURSE

Create a simple obstacle course by bending and staking pool noodles in an interesting pattern. Invite your child to kick a ball, toss bean bags over or crawl through the course.







SEA FOAM SENSORY

Combine 2 Tbsp of dish soap, 1/4 cup of water and food coloring in a bowl. Mix the ingredients on high with a hand mixer for 1-2 minutes. Your foam should be able to form stiff peaks that hold their shape. Scoop the mixture into a sensory container and repeat as necessary until you have the desired amount of foam! Add play items for your child to explore the bubbly fun!



OUTDOOR STICKY MURAL

Mac tac is a terrific item for your child to explore, stick and create. Tape a shape of mac tac to a fence or door with the sticky side out for your child to stick and create a picture with nature treasures. To preserve their art - place a matching sheet on top placing the two sticky sides together.







BALLOON TENNIS

Encourage your child to create their own tennis rackets out of a paper plate and a paint stick. Hot glue the stick on the back of the plate and invite your child to bat a balloon around. Encourage your child to 'keep up' the balloon or tap the balloon up in the air!



FROZEN FLOWERS

Create this fun sensory activity by freezing a variety of flowers in water. Place your colourful cubes into a shallow bin and invite your child to explore. Add small tools to the bin for your child to 'chip' out their treasures and explore the variety of colours.



