

Tips for Positive Video Chats

Stay Connected with Friends



- Choose an appropriate time of day when you know your video partner is home, rested and not interrupting meal time.
- Before your call - prepare props eg. books, instruments, puppets, toys and pictures to create positive interactions.
- Get Creative - encourage engagement by using cooking, baking, games and toys with friends.
- Get Musical - sing a song with hand movements, play or shake instruments or have a dance party all to keep the children's attention.
- Move Around - take your video partner on a house tour to maintain their attention and point out different things to look at and chat about.
- Interest Points - on your next call, allow your video partner to take the lead to discover interests to talk about or activities to participate in.

